

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025 Activity Calendar

Location: *Cypress* / *Azalea* / *Outing*

Questions? Contact Ann or Emily: (952) 300-6075 or awebb@trouvaillehomes.com & eolson@trouvaillehomes.com



1
 9:15 / 9:15 Glamour Time
 9:30 / 9:30 Beach Ball Toss
 10:00 / 10:00 Exercise
 1:00 Whack-a-Noodle Game w/Ann
 3:00 [Music Performance with Curtis and Loretta](#)
 5:45 / 6:30 Violin Music and Sing-Along with Ann

2
 9:30 / 9:30 Exercise/Balloons
 10:30 Livestream Westwood
 1:00 [Bingo with Ann](#)
 3:00 Get Up and Groove with Ann
 6:00 Scripture and Songs with Ann

3
 9:30 Finish-the-Lyric with Emily
 9:30 [Baker's Club: Valentine's Cut-Out Cookies](#)
 1:00 Folk Harp Music with Emily
 1:00 Winter Craft with Ann
 2:15 Tubano Drum with Emily
 3:00 Music Word Games w/Emily
 3:00 Manicures with Ann
 6:00 [Devotions with Natalie](#)

4
 9:30 / 10:15 Bell Choir/Musical Madlibs with Emily
 9:30 1:1 Visits with Gail S
 9:30 [Arboretum Spring Flower Show & Lunch Outing with Ann](#)
 1:00 Piano Music w/Emily
 2:15 Poetry Group with Emily
 3:00 [Sandwich Service Project](#)
 6:00 [Music with Kirsten](#)

5 **HAPPY BIRTHDAY, WALLY!**
 9:30 Music & Movement and Songwriting with Emily
 10:00 [Sandwich Drop-Off and Lunch Outing with Ann](#)
 1:15 Reverie Harp/Hapi Drum
 1:15 Basketball Games with Ann
 2:00 Folk Harp Music with Emily
 3:00 Piano Music with Emily
 3:00 Manicures with Ann
 6:00 [Dulcimer Music with Lori](#)

6
 9:30 / 10:15 Choir Rehearsal
 9:30 / 10:15 Exercise and News
 1:00 Reading Club with Ann
 1:00 Hymns and Piano with Emily
 2:00 Weight-Training with Ann
 3:00 [Box Craft with Joann and Ann](#)
 3:00 Scrabble/Games w/Suzanne
 3:00 Name-that-Tune with Emily
 6:00 [History Presentation w/Jayna](#)

7 **NAT'L WEAR RED DAY**
 9:30 Music & Movement w/Emily
 10:00 Chime Choir with Emily
 1:00 [Devotions and Hymns with Nancy and Emily](#)
 2:15 [Music Bingo with Emily](#)
 3:30 Piano Music with Emily
 6:00 [Music with Matthew Gogola](#)

8 **HAPPY BIRTHDAY, PAT E!**
 9:15 / 9:15 Glamour Time
 9:30 / 9:30 Beach Ball Toss
 10:00 / 10:00 Exercise
 1:00 Wood Painting with Abbi
 3:00 Musical Jeopardy with Abbi
 6:00 Songs to Make You Smile with Abbi

9 **SUPER BOWL SUNDAY**
 9:30 / 9:30 Exercise/Balloons
 10:30 Livestream Westwood
 1:00 Music and Games with Abbi
 3:00 [Super Bowl Tailgate Snacks and Games with Abbi](#)
 5:30 [Super Bowl Football Game](#)
 6:00 Evening Hymn-Sing with Abbi

10 **PLAID DRESS-UP DAY**
 9:30 [Violin and Piano Music](#)
 10:30 Music & Movement
 1:00 Folk Harp Music with Emily
 1:00 [Devotions with Katy](#)
 2:00 Watercoloring and Puzzles
 2:15 Tubano Drum with Emily
 3:00 Music Word Games w/Emily
 3:00 Manicures with Ann
 6:00 [Devotions with Natalie](#)

11 **FLORAL PRINT DAY**
 9:30 [Trouwaille Royal Court Crowning Ceremony](#)
 9:30 1:1 Visits with Gail S
 10:00 [Resident Gratitude Presentation w/Ann & Emily](#)
 1:30 [Trouwaille Staff Performances](#)
 3:00 Piano Music w/Emily
 3:00 Parachute/Beach Ball Games
 6:00 [Music with Kirsten](#)

12 **BOW DAY**
 9:30 Music & Movement and Songwriting with Emily
 9:30 Gardening Club: Botanical Art with Ann
 1:30 [Trouwaille Staff Performances](#)
 3:00 Folk Harp Music with Emily
 3:00 Manicures with Ann
 6:00 [Devotions with Nancy](#)

13 **PINK / RED DAY**
 9:30 / 10:15 Choir Rehearsal
 9:30 / 10:15 Exercise and News
 1:00 Reading Club with Ann
 1:00 Hymns with Emily
 2:15 [Residents' Valentine's Choir Concert and Variety Show](#)
 3:00 Scrabble/Games w/Suzanne
 3:30 Name-that-Tune with Emily
 6:00 [Piano Music with Tyler](#)

14 **HAPPY VALENTINE'S DAY! DENIM DAY**
 9:30 Music & Movement w/Emily
 10:00 Name-that-Love-Song with Emily
 1:00 [Devotions and Hymns with Nancy and Emily](#)
 2:15 [Music Bingo with Emily](#)
 3:30 Piano Music with Emily
 6:00 [Music with Bill Mann](#)

15 **HAPPY BIRTHDAY, JANE! FRIENDS AND FAMILY NIGHT**
 9:15 / 9:15 Glamour Time
 9:30 / 9:30 Beach Ball Toss
 10:00 / 10:00 Exercise
 1:00 Noodle Exercise & Drumming
 3:00 Winter Craft with Ann
 5:00 [Pizza, Pasta, & Beer-Friends and Family Night at Trouvaille](#)
 6:30 Violin Music and Sing-Along

16
 9:30 / 9:30 Exercise/Balloons
 10:30 Livestream Westwood
 1:00 [Resident Council Meeting in the Sunroom](#)
 3:00 [Bingo with Ann](#)
 6:00 Scripture and Songs with Ann

17 **PRESIDENTS' DAY**
 9:30 Music Pictionary with EMILY
 9:30 [Baker's Club: Cherry Pie Bars](#)
 1:00 Folk Harp Music with Emily
 1:00 Winter Craft with Ann
 2:15 Tubano Drum with Emily
 3:00 Music Word Games w/Emily
 3:00 Manicures with Ann
 6:00 [Devotions with Natalie](#)

18 **FAMILY SUPPORT GROUP 6PM**
 9:30 Bell Choir/Musical Emotions with Emily
 9:30 1:1 Visits with Gail S
 9:30 [Catholic Church Service](#)
 1:00 [Arboretum Flower Show](#)
 1:00 / 3:30 Piano Music w/Emily
 2:15 Poetry Group with Emily
 3:00 [Lutheran Church Service](#)
 3:00 Coloring and Puzzles
 6:00 [Music with Kirsten](#)

19
 9:30 Music & Movement and Songwriting with Emily
 9:30 Gardening Club: Learn about the Meaning of Flowers
 1:15 Folk Harp Music with Emily
 1:15 Whack-a-Noodle Game w/Ann
 2:30 [February Birthday Bash](#)
 3:30 Piano Music with Emily
 3:30 Manicures with Ann
 6:30 [Choral Visit w/ Sam & friends](#)

20
 9:30 / 10:15 Name Songs
 9:30 / 10:15 Exercise and News
 1:00 Reading Club with Ann
 1:00 Hymns and Piano with Emily
 2:00 Weight-Training with Ann
 3:00 [Diaper Kit Service Project](#)
 3:00 Scrabble/Games w/Suzanne
 3:00 Name-that-Tune with Emily
 6:00 [Piano Music with Gail](#)

21
 9:30 Music & Movement w/Emily
 10:00 Chime Choir with Emily
 1:00 [Devotions and Hymns with Nancy and Emily](#)
 2:15 [Music Bingo with Emily](#)
 3:30 Piano Music with Emily
 6:00 [Violin Student Recital](#)

22
 9:15 / 9:15 Glamour Time
 9:30 / 9:30 Beach Ball Toss
 10:00 / 10:00 Exercise
 1:00 Discover Your Story with Ann
 3:00 [Birdseed Craft with Ann](#)
 6:00 Violin and Sing Along with Ann

23
 9:30 / 9:30 Exercise/Balloons
 10:30 Livestream Westwood
 1:00 Winter Craft with Abbi
 3:00 [Music with Monroe Wright](#)
 6:00 Scripture and Songs with Ann

24
 9:30 Guess-the-Lyric with Emily
 9:30 [Baker's Club: Homemade Biscuits](#)
 1:00 Folk Harp Music with Emily
 1:00 [Devotions with Katy](#)
 2:00 Watercoloring and Puzzles
 2:15 Tubano Drum with Emily
 3:00 Music Word Games w/Emily
 3:00 Manicures with Ann
 6:00 [Piano Music with Peggy](#)

25
 9:30 / 10:15 Bell Choir/Music & Reminiscing with Emily
 9:30 1:1 Visits with Gail S
 9:30 / 10:15 Exercise and News
 1:00 Whiteboard Games with Ann
 1:00 Piano Music w/Emily
 2:30 [Celebration of Life Service](#)
 6:00 [Music with Kirsten](#)

26
 9:30 Music & Movement and Songwriting with Emily
 9:30 Gardening Club:Indoor Plants
 1:00 [Eden Prairie Mall Walking and Shopping](#)
 1:15 Reverie Harp/Hapi Drum
 2:00 Folk Harp Music with Emily
 3:00 Piano Music with Emily
 6:30 [Choral Visit w/ Sam & friends](#)

27
 9:30 Beach Ball Toss & News
 10:00 [Licorice Stix Clarinet Ensemble Performance](#)
 1:00 Reading Club with Ann
 1:00 Hymns and Piano with Emily
 2:00 Weight-Training with Ann
 3:00 [Snack Pack Service Project](#)
 3:00 Scrabble/Games w/Suzanne
 3:00 Name-that-Tune with Emily
 6:00 [Piano Music with Tyler](#)

28
 9:30 Exercise and News
 10:00 [Lake Rose Strings violin duo performance](#)
 1:00 [Devotions with Nancy](#)
 2:15 Bingo
 5:00 Pizza and Pop Night
 6:00 [Elvis Performance with Todd Anderson](#)

